



WAIVER OF LIABILITY

I am fully aware that participating in any exercise program can be a potentially dangerous, hazardous activity. I am specifically aware of the potential dangers of participating in the EroDynamic training programs.

In consideration of my acceptance into the EroDynamic training program, I, the undersigned (parent or guardian if participant is under 18 years of age) intending to be legally bound, do hereby for myself, my heirs, executors, administrators, and assigns, or anyone else who might claim or sue on my behalf, assume any and all risks of participating in said training programs, and I hereby waive and release any and all rights and claims for damages I may have against Eric Orton, representatives, successors, and assigns for any and all injuries, all such risks being known and appreciated by me. I hereby waive and release the above named persons, and entities, their representatives, employees, successors, and assigns from any and all claims or liabilities of any kind arising out of my participation in said training programs, even though these claims and liabilities might arise out of negligence or carelessness on the part of the persons named above. I attest and verify that I am physically fit and prepared for the EroDynamic training programs, and have not been advised against participation in, and training for, triathlon by a qualified health professional.

I hereby assume full responsibility from any injury, including my death occurring while participating in, or as a result of, my participating in the EroDynamic training programs, and hereby release, waive, discharge and covenant not to sue Eric Orton, successors, representatives, employees, assigns, or other participants in the EroDynamic training programs from any and all liability to me, my personal representatives, heirs, successors, and assigns for any loss or damage and claim or demands therefore on account of injury to me, including my death, whether caused by their negligence or carelessness in advising me while participating in the EroDynamic training programs.

Printed Name

Signature

Date